

# Introduction to Orthopedics

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# Topics to be Cover

- What does Orthopedic mean
- What does it cover
- What are it's subspecialties
- Orthopedic D.D
- Red flags in orthopedics

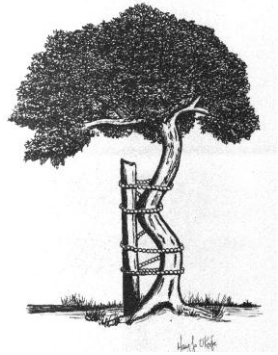
# Definition

# Orthopedics

- ORTHO → Straight, Upright, Correct
- Pais → Child
- First used:
  - By Dr. Nicolas Andry
  - A French doctor
  - In 1841
  - For a book titled:

“Orthopedia

The Art to Correct and Prevent Deformities in Children”



# Orthopedic Surgery

- It does not mean only bone surgery
- But → musculoskeletal system (MSK)
- It manages MSK → trauma + diseases

Also Known as:

Orthopedic Surgery and Traumatology

# What Does It Cover ?

# Orthopedic Surgery Covers:

- Bones
- Joints
- Muscles
- Tendons
- Ligaments
- Peripheral nerves
- Vertebral column
- Spinal cord and its nerves

What Are It's Subspecialties  
?



# Orthopedic Sub-Specialties

- 1) Orthopedic trauma
- 2) Pelvic surgery
- 3) Sport surgery
- 4) Reconstructive surgery
- 5) U.L surgery
- 6) Hand surgery
- 7) Arthroplasty
- 8) Pediatric orthopedic
- 9) Spin surgery
- 10) Pediatric spine surgery
- 11) Foot and ankle surgery
- 12) Oncology

# Orthopedic Causes for D.D

# Orthopedic Causes

- Congenital
- Acquired:
  - 1) Developmental
  - 2) Trauma
  - 3) Infection and Inflammation
  - 4) Metabolic
  - 5) Neuromuscular
  - 6) Degenerative
  - 7) Tumor

# Red Flags In Orthopedics

# Red Flags In Orthopedics

- Red Flags = Warning Symptom or Sign
- Should always look for them
- Its presence means → the necessity for:  
Urgent or different → action or intervention
- Will be given → tomorrow

# Red Flags In Orthopedics Include:

- **Open #** → high risk of infection & complications
- **Compartment Syndrome** → may lose the limb
- **Infection** → may progress to chronic O.M or joint distruction
- **Complicated #** → higher morbidity & mortality
- **Pelvic #** → massive blood loss & associated injuries
- **Multiple trauma** → more than one # or injury sustained at the same time
- **Acute joint Dislocations** → requires urgent reduction or may cause serious N.V complications
- **Cauda equina syndrome** → damage can be permanent

**Any Question ?**

# Remember



# Remember

- Orthopedics → is MSK system
- Lots of subspecialties → 12
- Orthopedic D.D → cong., developmental, metabolic, trauma, infection, inflammation, neuromuscular, degenerative, tumor
- Red flags → always look for them